



ASSISTED LIVING

AT AN AURIA SENIOR LIVING COMMUNITY

We offer various types of assisted living, ranging from home-based care to supportive care (frail care) and dedicated dementia care (the latter at most of our communities). Your individualised care plan will change when your needs change, and any assistance or care that you may need, can be adapted to your unique requirements.

HOME-BASED CARE

At Auria, we respect personal choice, and understand that many people prefer to “age in place”. To the extent possible, we are able to deliver most care and support services in your home within our Auria communities. This means that even if your needs change, you may never have to move into a dedicated assisted living or care environment, as we can bring the care and support you need, directly to you.

SUPPORTIVE CARE (FRAIL CARE)

Our continuum of care approach means that you receive the assistance you need, within a supportive environment that presents the opportunity for an improved quality of life. Frail care is the prevention or delaying of functional decline in older persons who are in need of assistance with ‘activities of daily living’ (ADLs) due to their general health status (which can be of chronic nature or due to the natural aging

process) in a place where they have access to care assistance and/or specialised nursing services 24/7.

DEMENTIA CARE

This is a very specific requirement and one which requires a unique care environment. Dementia is a general term for diseases and conditions characterised by a decline in memory, problem-solving, language and other thinking skills that affects people’s ability to perform daily tasks. We offer dedicated dementia care in certain of our Auria communities. Our clinical-social hybrid approach is based on an internationally successful example in which people with dementia are integrated socially within a secure and controlled community. Our focus in dementia care is to establish an authentic caring relationship through a collaborative team approach. Families are encouraged to participate in all decision-making processes and in a regular assessment programme. Through this holistic, person-centred approach, our residents can enjoy their best quality of life. Every single day. Our philosophy in this regard aims to break down the misunderstandings and stigmas associated with dementia, which often stand in the way of optimal care.